FRANCES LAKE WILDERNESS LODGE & TOURS

EQUIPMENT LIST LODGE



The following information will help you pack for a lodge stay in summer or fall. Please read on to find out what's essential and what can stay at home.

Clothing: On our day trips by motorboat, canoe/kayak or on foot, we will move in pure wilderness and experience the weather firsthand (sun, wind, rain, cool temperatures). Besides usual travel clothing, we recommend considering the following:

- warm sweater & jacket
- toque/wool hat & gloves (especially for excursions by motorboat)
- warm underwear (especially in August/September)
- rain jacket & pants
- swimsuit (e.g. for cool-off after sauna, lake water temperature 16 20°C)
- sturdy footwear, e.g. hiking boots
- slippers or indoor shoes

If required, we can provide rubber boots and have a limited selection of rain gear in stock.

Toiletry items, First Aid: In our shower/sauna we provide biodegradable shower gel and shampoo. Furthermore, we keep a well-stocked First Aid kit. However, please think of:

personal medications

Sun protection: On the lake, solar radiation can be very strong. In addition to that, we are in high northern latitude with long sunshine hours in midsummer. Please consider:

- waterproof sunscreen lotion and lipstick with high sun protection factor
- sun hat and sunglasses

Mosquitoes: Especially in June and July, mosquitoes can be annoying. Insect repellent containing at least 25% of the ingredient DEET (N-diethyl-metatoluamide), a cap or hat, and long-sleeved, tightly woven clothing provide effective protection. Please consider:

- insect repellent (can be purchased at the lodge)
- possibly an overhead bug net (in the cabins we provide mosquito nets for over your bed, if needed)

Miscellaneous:

- water bottle for day trips
- small day pack
- torch (August/September)
- binoculars for animal observations

Electronic equipment: Please bring your electronic devices, such as razors or digital cameras fully charged. We have a very limited power supply from solar energy only. Think of:

• Spare batteries and memory cards

Internet (Wi-Fi) / Mobil phone: There is no network. For emergencies our satellite internet system is available.

Laundry: The cabins are equipped with bedding and towels.

Angling gear: Simple equipment is available free of charge. For ambitious fishermen we recommend bringing your own gear.

Amusement: We have a well-stocked *library* (nature books, adventure reports, historical accounts, novels, etc.) in English and German and a diverse selection of *board games* and *cards*. For *kids* there are a variety of entertainment possibilities (books, games, painting and craft materials).

Bear safety: In our region, we seldom meet bears. Nevertheless we carry bear spray on all our excursions.

Please limit the weight and the volume of your luggage to the essential minimum. Both for boat transfer and especially for fly-in by floatplane there is limited space available. If travelling by floatplane, backpacks and travel bags are preferred over hard-shell cases.